

CARDINAL YOUTH FOOTBALL - 2010 SEASON

CARDINAL FOOTBALL

CARDINAL WHITE @ CEDAR GROVE BELGIUM

GRAFTON @ CARDINAL RED

9/11/10

SETTING THE TONE



Spoken from the heart...

Did you know that when people come together as a team, share a dream and focus on reaching their goals together - **as one** - there is a very good chance they will accomplish what they set out to do!

“What we see - we become.

What we hear - we become

What we think and say - we become

What we expect - we become”

...by Pastor Ellsworth Freyer

HHS team motivator, mentor and life long fan of the game of football

Before you undertake any kind of endeavor, you first need to fire the imagination to “see” where it is you really want to go.

You then need to dedicate yourself to the rigors of preparation, expending your energy - mental, physical and emotional - to gird yourself for the challenges that await.

Then - you must begin.

You have spent the better part of a year thinking about where you ended last season - and where you want to take **this** season.

You have probably imagined what it would be like to play at every venue on the regular season schedule and then on into the play offs.

You have paid the price all August at Lemke Park, you attended all sorts

of camps, speed and agility workouts, and clinics through out the area.

You gave up yourself to become “as one”

Yet, you **still** need to begin.

Just how will you begin? What will you do - as just one of many and “**as one**”- so there is absolutely no doubt what it is you intend to accomplish this season?

When you finally begin tomorrow, you can set the tone for the year, sending a wave through your team, school and community.

It can be an event that will resonate the entire season - and perhaps for an entire life time.

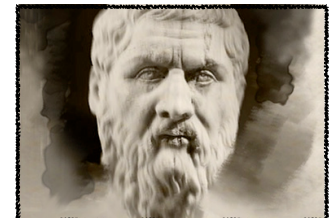
So...just how will you begin?



“IT IS NOT THE WILL TO WIN THAT MATTERS - EVERYONE HAS THAT.

IT'S THE WILL TO PREPARE TO WIN THAT MATTERS.”

PAUL “BEAR” BRYANT



“THE BEGINNING IS THE MOST IMPORTANT PART OF THE WORK.”

PLATO

"Everything you want is just outside your comfort zone."

Robert Allen

*The choices you make always guide you to your ultimate destination - **your goal** - in any endeavor.*

You can choose to be comfortable, accept mediocrity and just get by.

Or - you can choose to work hard, pursue excellence and achieve success beyond your wildest imagination.

While it seems to be as simple as that - just deciding - the mere act of choosing can never get you there on its own. It only serves as the point of departure; a beginning.

*It still remains **your** responsibility to actually make things happen.*

Are you willing to choose to move beyond the known, the comfortable and the less threatening?

Are you willing to begin anew, venture into the unknown and test your limits?

Everything you imagined is there - you just need to be willing to go out there and get it.

Now go and make things happen.

Good luck tomorrow!

Reflect and Remember

Tomorrow morning, the Stars and Stripes will be raised over Optimist Field at Riverbarn Park for the first time.

Boy Scouts from Mequon will raise the flag, followed by a moment of silence for those that have made the ultimate sacrifice for all of us and our country. The National Anthem will follow.

If you wish to attend, we will begin the ceremony at approximately 8:50 AM.

"Only those who risk going too far can possibly find out how far they can go."

— T.S. Eliot

FROM THE EDITOR

It is an honor and a privilege to have the opportunity to be a part of your game day preparation.

My time with you in the Cardinal program is truly a blessing.

I wish you all the best this coming season!

Coach Hahn

**"THINGS MAY COME TO THOSE WHO WAIT,
BUT ONLY THINGS LEFT BY THOSE WHO
HUSTLE."**

— ATTRIBUTED TO ABRAHAM LINCOLN