

# IN THE HUDDLE

MEQUON-THIENSVILLE CARDINAL YOUTH FOOTBALL - 2011 SEASON

**CARDINAL WHITE @ 'TOSA EAST - HART PARK  
FREDONIA @ CARDINAL RED - OPTIMIST FIELD  
SEPTEMBER 10, 2011**

Spoken from the heart...

## DEJA VU ALL OVER AGAIN

### Dreams Matter

DREAMS - that is what we want in our lives.

In our dreams, we all aspire to greater things. Many people are not getting the results for which they are looking. They don't feel fulfilled or satisfied. In some deep and personal way, they sense they aren't living up to their full potential - that they aren't winners.

WHY aren't we all we want to be?  
WHY don't we have all that we want and desire?

WHAT'S holding us back?

Is it possible that the true enemy is FEAR? We all have fears. For some, it might be fear of failure. If we try but don't succeed, we fear we might embarrass ourselves and others. Some people even fear success and the responsibilities that come with it.

Hidden fear holds us back, limits us and stops us in our tracks. It keeps us from moving forward. False Evidence Appearing Real creates roadblocks, stumbling blocks and leads us into self defeating behavior. Fear keeps us from trying. Fear is the enemy.

Once we recognize that the source of our fear is within us - as are our dreams - we can make a choice: to allow only that which is positive and lasting to be our guide to action. Choose to dream big and overcome your fears.

...by Pastor Ellsworth Freyer  
CEO of Attitude Adjustment

Some of you might have "pictured" what this season was going to be. at the end of last season. Perhaps there are those of you that went ahead and created an image of the 2011 season as an incoming 5<sup>th</sup> grader. I also know for a fact, that there are some of you out there that actually envisioned this one football season way back when you first picked up a ball.

It goes without saying: setting goals is a very important element in creating the opportunities that will lead to peak performance, achievement and success. This fundamental aspect of pursuing success is a more of a two dimensional checklist, an itinerary of sorts; a guide on how you will get from "here to there."

However, what really "seals the deal" and will breathe life into your journey towards a high level of performance and achievement is to actually place yourself within that route, in your personal IMAX 3-D image, creating the sensation of what it will feel like every moment along the way.

Imagining yourself there, creating a vivid vision for yourself and even your teammates, not only insures that you can get there - since

you will "already know the way" - but can also help enhance your performance.

I think it was Yogi Berra that once quipped, "...it's deja vu all over again". If you think about it, when you imagine yourself in all those moments, you will have the benefit and advantage of already being there when the time comes; executing the block, catching the pass, making the cut back or defending the pass.

When your chance becomes reality, it will be deja vu all over again. You will have already envisioned yourself excelling at that very act. You will have imagined the opponent struggling against your block. You will have a mental image of the texture of the ball as it reaches your finger tips. You will "see" the startled look in the defender's eyes as your cut back leaves them clawing the air.

As the receiver makes his break, you will know that you are in exactly the right spot to make that pick - because you have already been there. And if you dream that moment big enough, ten of your closest friends will be there too, racing you towards the end-zone.

Close your eyes and put yourself in that big moment. It can be deja vu all over again.



"The first step toward creating an improved future is developing the ability to envision it. VISION will ignite the fire of passion that fuels our commitment to do WHATEVER IT TAKES to achieve excellence. Only VISION allows us to transform dreams of greatness into the reality of achievement through human action. VISION has no boundaries and knows no limits. Our VISION is what we become in life."

- Tony Dungy



~ YOU ARE TODAY WHERE YOUR THOUGHTS HAVE BROUGHT YOU; YOU WILL BE TOMORROW WHERE YOUR THOUGHTS TAKE YOU. ~

JAMES ALLEN

"If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with success unexpected in common hours."

— Henry David Thoreau

"Big thinking precedes great achievement."

— Wilferd Peterson

"Dreams are extremely important. You can't do it unless you can imagine it."

— George Lucas

"You want to set a goal that is big enough that in the process of achieving it you become someone worth becoming."

— Jim Rohn

"To the person who does not know where he wants to go there is no favorable wind."

— Seneca

~ In every block of marble I see a statue as plain as though it stood before me, shaped and perfect in attitude and action. I have only to hew away the rough walls that imprison the lovely apparition to reveal it to the other eyes as mine see it. ~

Michelangelo 1475

A NOTE FROM COACH HAHN...

There is nothing quite like the feeling of being **"in the huddle"**- whether as a unit on the game field or just all together as an entire team.

Those of you playing now - and the rest of us that have played before - know precisely that which I speak.

You can "huddle" up at work, in a business sense, but it just is not the same. Always too much "me" and never enough "we". There is and will always be that one perfect place, the undeniably one of a kind feeling you can only get from being in the huddle.

As a football player from a past long, long ago, any time I venture close to any of you, I can feel that connection. I can sense that bond you have to one another. It is an energy unlike any other, a force that beckons possibility and creates positive and lasting achievements.

You know **exactly** what I mean, don't you?

I can say for certain, it is something that will never leave you. And yet, for some reason, it escapes definition, remaining virtually indescribable. Believe it or not, I too find myself speechless when it comes to adequately relate that experience to someone that has never been there; in the huddle.

Yet all you need to do is talk to another football player - and it is there - you can see it in their eyes. You know it - and they know it.

It is the one place that draws all players back, together, "as one". It is the one spot where all that matters is precisely that moment, that group of people with you and what is going to happen next. It is the perfect embodiment of what makes this game - our game.

As you take the field for the first time this Saturday, I will be in that huddle with you. And you know what? So will every other football player in those stands.

